

The Accountability Audit

5 Days. No excuses. Just truth.

This isn't about shame.
This is about truth.

Is it me?

The Accountability Audit

Let's be clear.

This is not about beating yourself up.

This is not about *shame*.

This is about **honesty**.

The kind that most people avoid.

The kind that *doesn't* feel good at first...
but changes everything when you sit with it.

You've done enough blaming.

Enough explaining.

Enough telling the same story and hoping it ends differently.

For the next five days, you're going to slow down and look at what's actually yours.

Not what **they** did.

Not what **happened**.

YOU.

Take your time.

Be real.

And don't rush past the parts that make you uncomfortable.

That's where the **truth** usually is.

DAY ONE

Where Am I Avoiding the Truth?

What story have I been telling
that keeps me comfortable—but stuck?

Where do I already know the answer...
but keep acting like I don't?

Take a moment.

Don't rush to answer this.

Sit with it.

*Because avoidance doesn't mean you don't know—
it usually means you do.*

A white rectangular box with a light pink shadow, containing ten horizontal gold lines for writing.

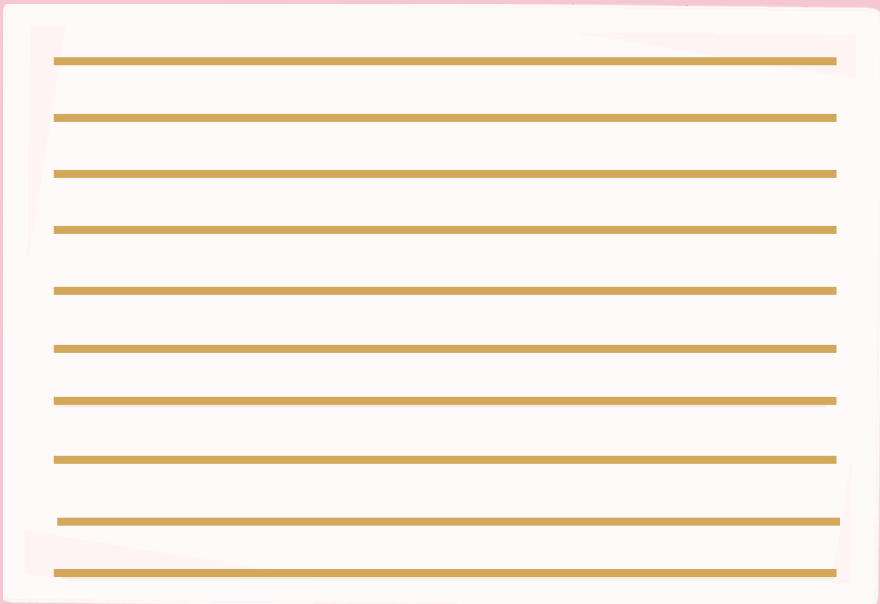
DAY TWO

What Keeps Repeating?

What situation, relationship, or outcome do I keep finding myself in?

What keeps showing up in different forms?
And if I'm honest...
what role do I play in that pattern?

*There's a difference between something happening to you once...
and something happening to you over and over again.
This is where you notice the difference.*



A white rectangular box with a light pink shadow, containing ten horizontal gold lines for writing.

DAY THREE

What Am I Allowing? Not what are people doing to me.

What am I tolerating, excusing, or ignoring?

Where have I lowered my standards...
and called it understanding, patience, or love?

*This one might sting a little.
That's okay.
Truth usually does before it frees you.*

A white rectangular box with a light pink shadow, containing ten horizontal gold lines for writing.

DAY FOUR

Where Am I Out of Alignment?

What do I say I want?
Now be honest—
what do my actions actually reflect?

Where am I choosing what's familiar...
over what's right for me?

*Alignment isn't about what sounds good.
It's about what your life actually shows.*

A white rectangular box with a light beige shadow, containing ten horizontal gold lines for writing.

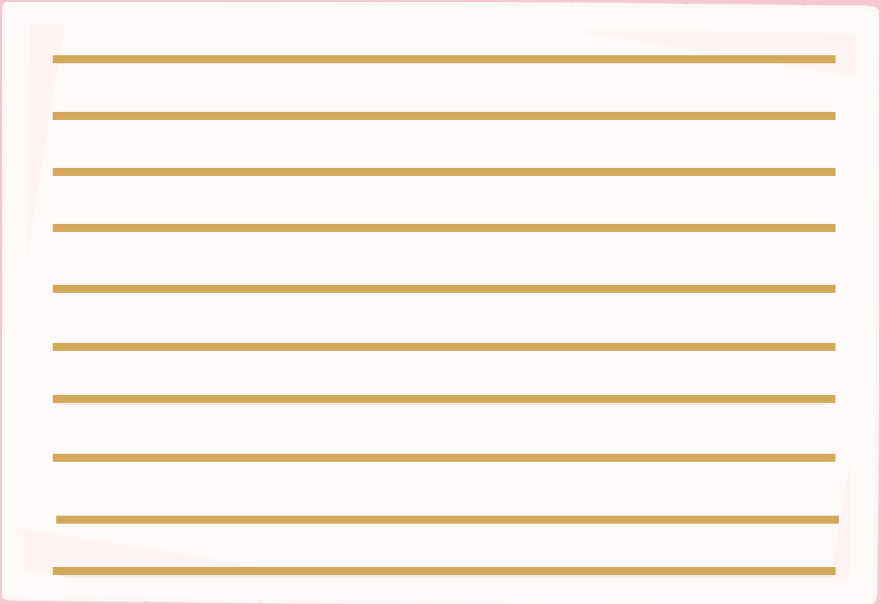
DAY FIVE

What Needs to Change—For Real?

If nothing around me changes...
what would I need to do differently?

What decision have I been avoiding...
that would actually shift everything?

*No more circling the same answer.
This is where you choose.*



A white rectangular box with a light pink shadow, containing ten horizontal gold lines for writing.

The Accountability Audit

Now What?

If you were honest with yourself in these
pages...

you already know what needs to change.

The question is—

are you going to do something with it?

This is exactly the work I walk through in

Is It Me, Jesus? Am I the Problem?

If this audit hit something in you,
the book will take you all the way through
it.

[Get the Book](#)